

RULES & REGULATIONS

Art 1 – These Rules & Regulations have been issued by the Board of Directors, in accordance with Art. 14 c) of the Social Statute.

Art 2 – As a rule the premises, equipment and facilities belonging to the Club are reserved to Members only.

Art. 3 – The Club cannot be held responsible for accidents that might occur to its Members or their guests, or to the athletes attending the Club Premises and the sports facilities, or to those practicing the various sports activities.

Art. 4 – Each Member is required to maintain the utmost care and respect for all that constitutes Club property.

The Members responsible for damage to the property of the Club are required to compensate the same in the measure established by the Board of Directors.

Art. 5 – The staff working within the Club is exclusively appointed to the premises and facilities belonging to the Club itself and therefore is not available for personal services requested by the Members.

Art. 6 – The Club Director acts as Head of Personnel: he organizes and coordinates staff activities, being their direct supervisor according to the arrangements established by the Board of Directors.

The Club Director is responsible for the smooth running of the services directly exercised by the Club itself; he supervises the correct function of those outsourced to other subjects and refers back to the competent Club Assemblies in this regard and on every occasion the necessity should arise.

The Club Director is responsible for adopting urgent measures necessary to face eventual unexpected situations that do not envisage prior consultation with the competent Club Assemblies, while providing the latter with timely communication of the same.

The Club Director has the task of inviting Members to respect the Rules & Regulations of the Statute, these Rules & Regulations and the other provisions adopted by the Board of Directors, in order to avoid conduct that might disturb the order and harmony of the Club itself, while informing the Board of Directors of each episode that has occurred.

Art. 7 – All the Members must cooperate towards the smooth running of the Club, in respect of the Statute and the Rules & Regulations, so that all sectors may carry on in an orderly and harmonious manner. To this extent, the Members are held responsible for, amongst others:

- a) providing timely payment of their dues and extraordinary contributions, in addition to carrying out the obligations assumed towards the Club, the licensed service managers and instructors according to the agreed terms;
- b) providing timely communication of changes in one's home address to the Club Secretariat;
- c) abstaining, except for express authorization by the Board of Directors, from carrying out any form of political, promotional, advertising, commercial and professional activity within the Club premises.

Art. 8 – Members presenting Membership candidates admitted into the Club are held responsible for informing the same of the Club's social activities, while accompanying them during their attendance period, introducing them to the Members and informing them of the Statute and these Rules & Regulations; they are held responsible for making sure that the Membership candidates admitted into the Club abide by the code of conduct.

The newly-admitted Members are responsible for observing the custom of spontaneous presentation to the Members of the Club.

Art. 9 – The use of mobile telephones is strictly forbidden inside the parlour, restaurant and reading-room. The use is tolerated in the rest of the Club if done with due discretion and mutual respect (without ringtones/vibration).

The Members are held responsible for having their guests comply with the said regulation and are held directly responsible as such.

RECIPROCITY AGREEMENTS WITH OTHER CLUBS

Art. 10 – Members who wish to avail themselves of the Reciprocity Agreements stipulated by the Club should exhibit their membership card for the purpose of being identified by the hosting Club.

During their stay within the hosting Club, the Members are responsible for carefully complying with the Statute and the Rules & Regulations of the said Club.

PART TWO

Special Rules for Members

OPENING HOURS

Art. 11 – The Club facilities, premises and equipment are usually available according to the time schedule established by the Board of Directors.

The winter time schedule as of October 1st until April 30th: 7:30 a.m. until 1:00 a.m.

The summer time schedule as of May 1st until September 30th: 7:30 a.m. until 2:00 a.m.

CLUB PREMISES

Art. 12 – Dogs and animals of whatever other species cannot be introduced within the Club premises.

Art. 13 – Members and their guests are responsible for attending the Club facilities and restaurant using attire that is in accordance with the style and traditions of the Club itself.

Entrance is forbidden to the top floor of the Casina and to the Restaurant while wearing shorts, swimsuits, bathrobes or sports attire.

During the evening meals, except for the Club dining-table, a jacket and tie is mandatory. During the summer time schedule, the use of a jacket is mandatory while that of a tie is optional.

Athletes must enter the Restaurant wearing the Club track-suit. The Club Director, staff and service manager are held responsible for enforcing the provisions set out in the previous paragraphs.

The Junior Members, until they reach 18 years of age, are forbidden from attending the Club premises “reserved” to the Members alone, except for the reading and television rooms.

Broadcasts are permitted:

until 8:00 p.m. only within the room on the first floor destined for the said use. Following the said time, broadcasts are also allowed inside the reading-room reserved to Club Members.

The Board of Directors may authorize the screening of the same both inside the reading-room reserved to Club Members and inside the formal drawing-room during special events.

Art. 14 – Club Members may request private access to the Club premises and facilities in the following cases:

- a) their birthdays;
- b) coming to age, university degree and wedding celebrations of their offspring;
- c) their silver and gold wedding anniversaries.

Except exceptional cases directly related to the private affairs of Club Members.

In the said cases, Club Members must submit a written request stating the specific reasons to the Board of Directors. The latter, after having examined the opinion of the Director of Social Events & Public Relations, will make its decision regarding the request; should the request be approved, the Board of Directors will establish the regulations and conditions believed to be in the best interests of the Club.

The fee for the use of these premises and facilities is fixed annually by the Board of Directors and may be consulted in the Secretariat.

The Board of Directors or a Director has the faculty to authorize, in special cases, the use of the Revel Parlour by the Club Members for their guests.

Art. 15 – The Club Members who wish to obtain a “temporary invitation” for their friends must submit their application to the Board of Directors. Temporary invitations are regulated by the following provisions:

- a) only the applications forwarded by Full Members with at least five years of Club seniority, who are up-to-date with the payment of their dues, will be taken into consideration;
- b) the applications will be subjected to the unquestionable judgment of the Board of Directors, which will provide for communication of acceptance or non-acceptance of the application to the presenting Member;
- c) the maximum duration of the attendance granted in accordance with the previous letter b) is limited to 15 consecutive days and only once a year;
- d) the presenting Member will be held entirely responsible for his guest’s free attendance;
- e) only male guests over 25 years of age will be admitted;
- f) guests are free to attend the Club premises, except for the locker rooms and the areas reserved to Club Members;
- g) during the period of attendance, they will possess the same duties as the Members and must comply with the Statue and the Rules & Regulations;
- h) the presenting Members can only forward one application during the course of one year;
- i) the number of guests is limited to a maximum of 10 contemporary units. After having completed the said number, no other application can be taken into consideration;
- j) the names of the guests, together with those of the presenting Members, will be communicated through a post on the Club register.

Art. 16 – The Members who wish to lodge a complaint regarding the conduct of staff or licensed service managers, in addition to the functioning of Club services, must provide a written entry in the special register held in the Secretariat, giving their reasons, applying the date and their legible signature.

The Members who wish to lodge a complaint regarding the conduct of another Member should do so in writing, applying the date and their legible signature, addressing the complaint to the Board of Arbitrators and depositing the same in the Secretariat.

Art. 17 – The side entrance to the Club, located in correspondence to the locker-rooms, may only be used by the Members and exclusively for the practice of sports activities outside the Club itself.

LOCKER-ROOMS – GYMNASIUM – SAUNA

Art. 18 – Club Members are required to observe the utmost degree of cleanliness in their lockers and the personal clothing therein contained. The objects and personal clothing considered detrimental to the order and hygiene of the locker-rooms will be withdrawn and eliminated by the appointed staff.

Art. 19 – The staff appointed to the locker-rooms is on duty only during the normal time schedule corresponding to the opening and closing hours of the locker-rooms themselves, established by the Board of Directors.

Beyond the said time schedule, the use of the locker-rooms is entrusted to the sense of discipline and good conduct of the single individuals.

Art. 20 – Club Members are invited to use no more than one towel each and to deposit the same after use into the special laundry hamper.

Art. 21 – Club Members exonerate the Club from all responsibilities for the use of the sauna and the Turkish bath; in any case, Members are obliged to ascertain their physical conditions and whether they are fit enough to use the said facilities.

Use of the sauna and of the Turkish bath is prohibited in the absence of appointed staff.

Art. 22 – To request the assignment of a locker, the Club Member must forward a request to the Secretariat; the latter will, according to the availability of the same, assign a locker using the date of application and (in the case of contemporaneousness) Club membership seniority as a standard of priority.

Club Members assigned with a locker have the right to use the same during an unlimited period of time, it being understood that it is a faculty of the Board of Directors, through the Secretariat, to recover the locker should the Club Member resign, should the same pass into the category of Retired Members, should he be declared in arrears or should the locker be ascertained as unused. In the said circumstances, the locker must immediately be made available and, should 20 days elapse without this occurring, the same will be nonetheless emptied out by the Club. An inventory will be drawn up of the objects and clothing items contained therein and these will remain available to the interested Member for a period of three months; after the said deadline, the items will be permanently eliminated.

Each Club Member has the right to one locker alone.

Club Members are responsible for the proper upkeep of the locker entrusted to them. They are required to compensate for eventual damage to the same.

SPORTS FACILITIES

Art. 23 – Those attending the sports facilities must allow the appointed staff to proceed with the maintenance or cleaning of all the existing facilities according to the service orders issued by the competent Director and, in any case, each time the necessity should arise.

In the case of sports events or Club tournaments, the sports facilities cannot be booked and will remain available for the said events.

Art. 24 – Club Members who practice competitive sporting activities are required to provide an annual certificate issued by a physician specialized in sports medicine, certifying their physical fitness; while those who

practice non-competitive sporting activities, a check-up performed by a sports physician is in any case suggested.

ROWING - CANOEING

Art. 25 – Club Members who use the watercraft must be expert swimmers.

Art. 26 – Club Members may use the watercraft only when they are able and capable of sailing the same according to the unchallengeable judgment of the Sports Director or the sports trainer.

Art. 27 – In order to use the watercraft appointed to competitions, it is necessary to obtain a special authorization from the Sports Director. The other Club members are required to use the watercraft they are assigned with. Club Members who use the said watercraft may only alight from the Club mooring platform.

Art. 28 – Club Members who participate in official sports events are obliged to wear clothing bearing the Club colours, as prescribed by Federal Regulations.

Art. 29 – Club Members who use the watercraft are obliged to help the attendants prepare the same, put them into and pull them out of the water, clean and bring the watercraft back to the allotted place.

Art. 30 – No watercraft may have a person extraneous to the Club as its helmsman or oarsman. Family members, guests and members belonging to other rowing clubs are admitted by way of exception only following authorization by the Sports Director.

Each Club Member cannot invite more than one guest, whom he is responsible for, and in any case subjected to what has been outlined in the following Art. 31.

Art. 31 – The Club Member is responsible for damages caused by incompetence, negligence, namely non-compliance to the rules, regulations, orders and conduct, causing damage to Club material; the same is held responsible for the reimbursement of outpaid expenses, plus a share for the depreciation of the watercraft, according to the evaluation of the Sports Director. Club Members must personally attest the state of the watercraft at the moment they are about to be used, pointing out any eventual deficiencies should the same be verified.

The Board of Directors has the faculty of remitting the payment of damages to the Members of competitive teams should the damages have been verified during training sessions or during the competition itself.

Art. 32 – Access is not allowed to outsiders and to children under the age of ten to the float, except when authorized by the Sports Director in accordance with Art. 30 and during particular sports events.

Art. 33 – Club Members who wish to practice rowing and canoeing beyond opening and closing hours of the float must express their request to the Sports Director, who in turn will make arrangements according to the availability of the appointed staff.

Art. 34 – Members who wish to deposit their watercraft inside the Club should forward an application to the Board of Directors. The Board of Directors may authorize the said deposit, according to the availability of space, on a temporary basis. Nonetheless, only watercraft owned by the Club may be deposited on the float.

TENNIS

Art. 35 – Sports outfits, exclusively in white, are prescribed along with the use of shoes that are rigorously for tennis purposes.

Art. 36 – Tennis courts cannot be booked.

Art. 37 – In the case of overcrowding, the courts should not be occupied for more than 75 minutes during a doubles match and 45 minutes during a singles match; consequently, players already on the court should play doubles with those awaiting their turn should the playing time of the former be expired, otherwise they must abandon the court as soon as the ongoing match is over.

Art. 38 – During the match, players must keep from disturbing the game by shouting or making loud comments.

Art. 39 – Access to the courts is forbidden to spectators and to whoever else is not wearing the compulsory sports outfit.

Art. 40 – In the exercise of his duties, the sports trainer may make use of court No. 4, which may be booked by the Members only in this case. Booking gives the Member the right to play for the entire hour that has been reserved.

Should a Member arrive late for the hour he has reserved, he is nonetheless obliged to pay the sports trainer for the said time bracket.

Court no. 6 is reserved to Athlete Members from 2:00 p.m. onwards.

During the course of Club Tournaments or Events, the Sports Director or the Director of the sector may reserve the use of the courts in particular time schedules for the matches of the teams representing the Club.

GYMNASIUMS

Art. 41 – The Membership gymnasium (inside the locker-rooms) may be exclusively used by Club Members and access is strictly forbidden to personal trainers or guests.

Art. 42 - The Athletes gymnasium (to the side of the indoor swimming-pool) may be exclusively used by Club Members and competition Athletes or those enrolled in sports classes.

It is strictly forbidden to host outsiders, except personal trainers on a temporary basis, only when Members deposit their request in the Secretariat containing the guest's full name and period of attendance.

Art. 43 – The use of overshoes is mandatory inside the gymnasium, along with suitable attire.

OUTDOOR SWIMMING-POOL

Art. 44 – The conduct of those using the outdoor swimming-pool must be characterized by mutual respect.

Those using the swimming-pool must:

- a) respect the garden landscaping, the enclosures and the lawns that are part of the swimming-pool premises; it is mandatory to walk barefoot or using swimming-pool footwear;
- b) avoid any type of games both inside and outside the water.

Art. 45 – It is mandatory to take a shower before entering the area. Access to the swimming-pool is only admitted after going through the special shower facilities.

Art. 46 – All those who access the swimming-pool are obliged to wear a decent swimsuit. Wearing only a swimsuit outside the swimming premises or the relative locker-rooms is strictly forbidden.

Art. 47 – Eating and drinking outside of the areas reserved as such is strictly forbidden. Mobile telephone ringtones must be set at lowest volumes and the Members must use ashtrays when smoking.

Art. 48 – Children under the age of 6 are forbidden from using the swimming-pool; in any case, children must be accompanied by a parent responsible for the good behaviour of the same.

Art. 49 – The appointed staff is authorized to prohibit entry to the swimming-pool to all those who have not paid the entrance dues or signed the special registry.

Art. 50 – Each Member may invite three guests at the most during the same day, family members included.

Art. 51 – The opening hours of the outdoor swimming-pool for family members and guests are from 10:00 a.m. until 6:00 p.m.

Art. 52 – The Club cannot be held responsible for valuable goods left unattended.

INDOOR SWIMMING-POOL

Art. 53 – Indoor swimming-pool facilities, open exclusively to Club Members, are open all year round except for ordinary and extraordinary maintenance periods.

The access to guests and family members is forbidden.

Art. 54 – Trainers in the sports sector are authorized to carry out their duties as swim instructors, following agreements with the interested parties.

FUTSAL

Art. 55 – The regulatory sports uniform is mandatory, along with the use of appropriate footwear. Playing bare-chested is strictly forbidden, along with wearing objects that might harm other players.

Art. 56 – The use of the futsal pitch, until 3:15 p.m., is exclusively reserved to Club Members who must attain to the following provisions:

- a) matches are played between two teams, with a maximum of 5 players each and for the duration of 30 minutes. The said time limit begins from the time the eleventh player arrives on the pitch, wearing his sports uniform;
- b) in the case of simultaneous presence of over 10 players, a draw will be carried out to established who should be kept waiting.

Art. 57 – Six playing shifts are fixed after 3:15 p.m., each one with a 75-minute duration. Each shift may be booked at least 7 (seven) days beforehand in the Secretariat, by writing an entry in the nominal list of participating players. The pitch may be booked for the holidays, as an exception, following a written request made to the Secretariat and its approval by the Sports Director.

The said request must contain a list of the eventual guests.

Art. 58 – The playing shifts, as mentioned in the previous article, are the following:

- 1° 3:15 p.m. – 4:30 p.m.
- 2° 4:30 p.m. – 5:45 p.m.
- 3° 5:45 p.m. – 7:00 p.m.
- 4° 7:00 p.m. – 8:15 p.m.
- 5° 8:15 p.m. – 9:30 p.m.
- 6° 9:30 p.m. – 10:45 p.m.

The players should comply with the shift timetable.

Art. 59 – Players who have played for one shift, following the booking, cannot play on the next shift except when their presence is necessary in order to reach the mandatory number of players.

Art. 60 – During Club Tournaments or Events, the Sports Director may reserve the use of the pitch during particular time slots for training sessions of the teams representing the Club.

Art. 61 – All futsal players are required to keep good conduct, both on and outside the pitch.

PADDLE

Art. 62 – In the presence of more than 4 players, the pitch cannot be occupied for more than 35 minutes or for a 9-game set.

Art. 63 – During the match, players must keep from disturbing the game by shouting or making loud comments.

BILLIARDS

Art. 64 – The regulations established for the Club parlours should be enforced herein. Two consecutive games cannot be played by the same individuals should there be other Members waiting for their turn at the table.

PART THREE

Guests – Special and general regulations

Art. 65 – All those who are not Club Members, therefore also family members of the Members themselves (wife and children), are considered as guests.

In order to accompany the guests in their use of the sports facilities, Club Members must withdraw a ticket proving the payment of the entrance fee from the appointed staff in advance; namely, on each occasion they may sign the special register of attendance of guests and family members, with the faculty of settling the account within December 31st of the same year. The appointed staff is authorized to forbid entry to the sports facilities to guests who have not fulfilled the above obligations.

Art. 66 – Club Members inviting third parties are considered responsible for the good conduct of their guests. It is strictly forbidden to invite Members who have previously been expelled from the Canottieri Aniene Club.

Art. 67 – During the stay of their guests within the Club, Members must always be present and will be held responsible for the conduct of the same.

Art. 68 – Children under 6 years of age are forbidden from gaining entrance or staying inside the Club, except in cases outlined in Art. 70 c).

Art. 69 – Guests are strictly forbidden from gaining access to Club premises reserved exclusively to Members.

RESTAURANT

Art. 70 – Guests may attend the restaurant as follows:

- a) during holidays, it is strictly forbidden to invite more than 5 guests, including family members;
- b) during weekdays:
for up to a maximum of 8 guests it is necessary to make a reservation before 12 noon for lunch and before 7:30 p.m. for supper; it is necessary to obtain authorization from the Club Secretariat for more than 8 guests. The Club Member must make the said request at least 2 days before the date in question. Moreover, the request cannot be made for more than 28 guests. Authorization will be issued by the appointed Director and it must be also approved by the Club Director, who will be in charge of informing the Restaurant Manager of the same and checking that the guests present are not more numerous than those authorized.
Each time, the Board of Directors will evaluate the presence of exceptional circumstances justifying eventual requests for a larger number of guests.
- c) Children under the age of 6 are not allowed entrance into the Restaurant.

LOCKER-ROOMS

Art. 71 – Guests are required to exclusively use the locker-room assigned to them and according to the established time schedule. Guests are not admitted beyond the said time schedule.

Art. 72 – After having used the locker-room, guests cannot leave behind items of any kind inside the same.

Art. 73 – Guests are required to abide by the regulations issued for hygiene and tidiness purposes.

Art. 74 – The Club cannot be held responsible for valuable goods left unattended.

SPORTS FACILITIES

Art. 75 – Guests may be invited to use the sports facilities according to the following regulations:

Tennis

a) guests are allowed to play tennis from Mondays to Fridays, from 9:00 a.m. until twelve noon and then from 3:30 p.m. onwards. Guests are allowed to play on Saturdays, Sundays and holidays from 3:30 p.m. onwards, except for the days in which tournament competitions are held, for reasons regarding technical unavailability or depending upon the requirements of the Sports Director.

b) guests are forbidden from playing tennis on the illuminated courts, except during the established time schedule. Beyond the said time schedule, the courts may be used following a specific request made to the appointed Director, to the Sports Director or to the General Director himself.

Outdoor swimming-pool

c) each Member may invite three guests at the most during the course of the same day.

Futsal

d) it is forbidden to invite guests during holidays and the day before holidays, except when authorized by the appointed Director.

e) The pitch may be booked for matches with playing guests at the following conditions:

- 1) reservations, in compliance with Art. 57;
- 2) at least three Members must be present on the pitch;
- 3) the Members inviting third parties are directly responsible for the conduct of their guests.

PART FOUR

Special regulations for family members

Art. 76 – Only the wives and children of Club Members are considered family.

Art. 77 – The Member's family is granted the following exceptions that regulate the attendance of guests:

a) Tennis:

the wives and children of Club Members, following authorization that must be requested at the Club Secretariat and always in accordance with what is set out by Art. 75 letters a) and b), are allowed to play tennis even in the absence of the Member himself.

b) Outdoor swimming-pool:

should all the guests be family members, the limit set out in letter c) of the previous Art. 75 may be exceeded. The wives of Club Members may use the indoor swimming-pool even in the absence of the Members themselves. Children of Members may use the indoor swimming-pool on the condition they are older than 6 years of age, are accompanied and carefully supervised by at least one of their parents.

The conduct and safety of the young guests is the sole responsibility of those accompanying them.

PART FIVE

Special regulations for Members belonging to the athletes category

Art. 78 – Athlete Members may only use the sports facilities linked to the competitive sports activity they engage in.

Preparation and training must be carried out under the direct guidance of the sports trainer and his collaborators.

Athletes must be up-to-date with the payment of their dues established by the Board of Directors.

Art. 79 – The use of the sports facilities by the Athlete Members must be carried out according to the procedures and time schedules established by the Board of Directors, in agreement with the Sports Directors.

Art. 80 – By way of exception, the Board of Directors (following a proposal by the Sports Director) may grant the Member authorization to attend the Club premises and to use the other sports facilities.

Art. 81 – During tournaments, competitions and other sports events of particular relevance, the Sports Director (in agreement with the Board of Directors) may limit the use of the sports facilities by the Members themselves.

PART SIX

Special regulations for Members belonging to Clubs with reciprocity agreements

Art. 82 – The visiting Member is required to exhibit the Club identification card issued by his own membership Club and to sign the special registry housed inside the Secretariat. During his stay in the Club, he must carefully comply with the Club Statute and the Club Rules & Regulations.

Art. 83 – It is expressly agreed that:

- a) for breakfasts and lunches, for which a number of guests that does not exceed 3 is allowed, the visiting Member must communicate his presence with at least 24 hours notice. The use of the parlours and the facilities by the visiting Member is incompatible with the staging of Club events.
- b) when using the sports facilities, the visiting Member must give priority to the Club Members.
- c) the spouse, relatives and kindred of the visiting Member are excluded from reciprocity.

PART SEVEN

Rates – Admission fees

Art. 84 – Hourly rates and admission fees established by the Board of Directors are posted inside the Secretariat and in the interested areas.

Art. 85 – For all that which is not contemplated in these Rules & Regulations, or in case of its modifications, the Board of Directors will see that timely communications are made to Club Members through the use of circular letters or posts on Club bulletin-boards.

Rome, 20 October 2009